

Yorkshire Championships 2012

Scarborough swimming club can boast another successful Yorkshire championship, as our local swimmers outperformed those from many of the big regional clubs.

As a club we sent 15 qualifying swimmers of all ages to the championships over three weekends, at John Charles Stadium, Leeds and to Ponds Forge International Pool, Sheffield.

In total eleven of these swimmers won places in the finals and achieved top 10 positions. Three won medals and were ranked in the top three in the region!

Medal winners were 19 year old **Ross Glegg** who took gold in both the 100 and 50 metre freestyle events, 13 year old **Jace Cappleman** won gold in the 100 metre and 50 metre freestyle, silver in the 800 metre freestyle and bronze in the 200 and 400 metre freestyle and 10 year old **Nathan Mundy** who took home a silver medal for the 400 metre freestyle.

Scarborough swimmers Rebecca Cox (17), Tom Heaton (16), Alex Lynn (12), Christopher Cook (12), Jade Hutchinson (15), Lizzie Swift (12), Emily Harrison (11), and Harry Exley-Moore (11) also won places in the finals and positioned in the top 10 in Yorkshire.

Head coach Sam Greetham said: "I'm very pleased that Ross, Jace and Nathan won medals in every type of freestyle event but we had swimmers make finals in every stroke and in every distance."

"This is a testament to the expertise of our coaches and the versatility of our swimmers. Our programmes are clearly developing well- rounded swimmers who are excelling at every level."

"This is something we are very proud of as a club"

From the championships, four of the Scarborough seniors and four of the juniors have earned qualifying times for the next level of competition, the North Eastern Championships to be held in May and June, with additional junior swimmers expected to achieve qualifying times in the coming weeks.