

SCARBOROUGH SWIMMERS SCOOP YORKSHIRE MEDALS

Four young swimmers from Scarborough Swimming Club scooped much coveted Yorkshire Swimming medals in this autumn's championships in Sheffield. Nathan Munday, aged 10 won the gold medal for the 100m Individual Medley in a time of 1.23.25. Emily Harrison, aged 11 won the silver medal in the 100m Freestyle with a time of 1.05.36. Lizzie Swift, aged 12 won the bronze medal in the 100m Freestyle with a time of 1.02.92. Alex Lynn, aged 12 won the bronze medal in the 100m Freestyle with a time of 1.01.66.

A total of 24 Scarborough Swimming Club swimmers won qualifying times for the prestigious meet at Sheffield's Olympic training pool, Ponds Forge, all achieving personal bests and many winning places in finals during the course of the weekend. The swimmers were Edward Hopper (9), Adam and Pheobe Dawson and Nathan Munday (10), Nathan Kinrade, Ellie Milnes, Emily Harrison and Dak Cappleman (11), Alex Lynn, Hope Chamberlain, Lizzie Swift, Emma Keith, Danni-Rebecca Doubtfire and Harry Exley-Moore (12), Emma Clapton, Imogen Kinrade and Christopher Cook (13) Jace Cappleman and Eleanor Woodroffe (14), Jade Hutchinson and Sam Broadley (15), Tom Heaton (16), Rebecca Cox (17) Luke Kelly (18).

Head Coach and Club President, Sam Greetham said 'It was good to see some of our young up-and-coming swimmers winning medals in this year's Yorkshire Championships and as a coach I am pleased that all my swimmers won personal best times. It is quite remarkable that a small town like Scarborough can produce championship qualifiers in every age group. This really is testament to our top-class training programme, our dedicated coaches and the strong organisation of our club.