

Gareth's proud of GB calling



Gareth Mills with his GB kit picture Richard Ponter 112404a 13/06/11

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Gareth Mills continued his excellent progress when he became the first Scarborough swimmer to represent Great Britain.

Mills, who is tipped to be a member of Scotland's squad for the 2014 Commonwealth Games in Glasgow, swam for GB in the first leg of the Mare Rostrum in Barcelona, achieving a personal best when finishing third in the B Final of the 400 metre freestyle.

Mills was delighted with his efforts. He said: "I was really pleased to come away with a personal best and a third place in the 400 freestyle.

"It was a big event and the standard was high so there was a bit of pressure on me.

"I didn't swim very well but I managed to get through to a final and did well in the end.



“I am the first swimmer from Scarborough to make the GB squad and that is a huge honour for me.

“To swim at that level will only help me improve so that is a good thing as well.”

Mills followed up his efforts in Barcelona by swimming in a Tri-Nations event at Swansea.

He helped Scotland to a second placed finish in the event, finishing behind winners Wales and ahead of Ireland.

Achieving more personal bests in the event, Mills sealed a medal haul of gold in the 4x200 relay, silvers in the 400 freestyle and 4x200 freestyle relay and bronze in the 200 freestyle.

Mills said: “It was a good event to be involved with and to take a few medals and get some more pb’s was great.”

The former George Pindar Community Sports College pupil is set to leave Scarborough Swimming Club.

He said: “I am going to move over to Leeds at the end of the summer.

“Sam Greetham has been absolutely superb with me and I can’t thank him enough for all the time and effort he has put in for me.

“I need to make the move to Leeds now to keep progressing, and my mum, dad and Sam all support me in that decision. They’re all backing me and I’m grateful for that.”

Mills has also received over £1,000 worth of equipment and training wear from GB.

He added: “I’ve just had all my kit through from GB. It’s great stuff and shows they’re backing me as well.”