

Open Water - Llyn Padarn 2010

Scarborough swimmers made the long trip to North Wales for the annual Llyn Padarn championship races staged by Howe Bridge Marlins at the end of July.

After a glorious Friday during which sun burn was a major issue, Saturday dawned grey and damp. Five brave souls got ready to tackle the morning 2 mile race. Unfortunately, Jack Colley felt unwell and decided not to swim. Meanwhile Sarah Roberts, Emma Couch, Rebecca Cox and Katie Mould entered the water as a team; at the start they swam as a team, dominating the front of the pack.

This continued for the first mile with Sarah and Rebecca swimming shoulder to shoulder, with Emma and Katie a short distance behind. With Rebecca suffering in the conditions Sarah pulled ahead. A strong finish from Emma saw her overhaul Rebecca in the closing stages with all four finishing well under the hour and recording top ten overall places.

Sarah Roberts, 2nd Senior Lady, 51.34

Emma Couch, 3rd Senior Lady, 52.14

Rebecca Cox, 1st Junior Girl, 53.14

Katie Mould, 2nd Junior Girl, 55.54

Photographs on the gallery page.